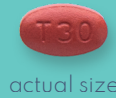


GETTING STARTED ON XPHOZAH[®] (tenapanor) tablets



Dosed as
One pill, twice a day.

Why was I prescribed XPHOZAH?

When your kidneys aren't working well, phosphorus builds up. Everyone needs a certain amount of phosphorus, but too much can be harmful. That's why your healthcare provider prescribed XPHOZAH. XPHOZAH helps lower phosphorus as add-on therapy when phosphate binders do not work well or cannot be tolerated.

How does XPHOZAH work?

XPHOZAH is a phosphate blocker and works differently than phosphate binders. XPHOZAH works like a roadblock, blocking some of the phosphorus from getting into your bloodstream. XPHOZAH blocks phosphorus throughout the day when taken in the morning and at night.

How do I take XPHOZAH:

XPHOZAH is dosed as one pill, twice a day



Take 1 pill right before your first meal of the day



Take 1 pill right before your last meal of the day

What should I do if I miss a dose?

Skip the missed dose. Do not take 2 doses at the same time.

If I eat a lot of phosphorus, can I increase my dose?

No, do not adjust your dose of XPHOZAH. It is important to take XPHOZAH exactly as prescribed by your healthcare provider.

- ◆ Do not take with a meal right before a hemodialysis session, as you may experience diarrhea after taking XPHOZAH. Instead, take before your next meal after dialysis

INDICATION

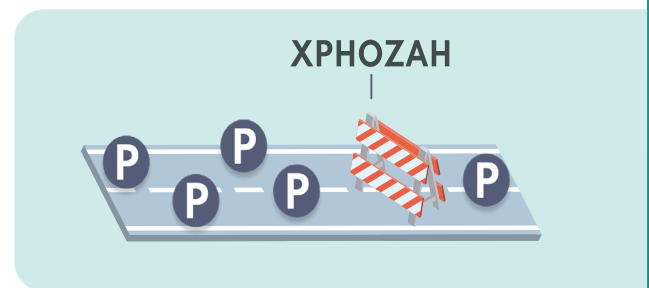
XPHOZAH (tenapanor) 30 mg BID is a prescription medicine used to reduce serum phosphorus in adults with chronic kidney disease (CKD) on dialysis as add-on therapy when phosphate binders do not work well, or when phosphate binders cannot be tolerated.

IMPORTANT SAFETY INFORMATION

The most important information about XPHOZAH is:

- XPHOZAH may result in softer and/or more frequent bowel movements.
- Do not give XPHOZAH to children who are less than 6 years of age

Please see additional Important Safety Information on next page.



What are the possible side effects of XPHOZAH?

You may experience diarrhea, looser stool, and/or more frequent bowel movements.

- ◆ Diarrhea is the most common side effect. It is typically mild to moderate but may sometimes be severe. Call your doctor if you develop severe diarrhea
- ◆ If you experience diarrhea, it will likely happen soon after starting XPHOZAH and go away with continued treatment or your doctor may lower your dose

Because you may experience diarrhea, looser stool and/or more frequent bowel movements with XPHOZAH:

- ◆ Stop use of stool softeners or laxatives
- ◆ Do not take with a meal right before a hemodialysis session; instead, take before your next meal after dialysis

What do I need to do to get XPHOZAH?

Your doctor will send your XPHOZAH prescription to a specialty pharmacy—the pharmacy will reach out to you via text or phone. Please keep an eye out for a text or call so that you get your prescription. The specialty pharmacy will work with you to arrange delivery of your XPHOZAH.



What if I have questions or need help with access and/or affordability?
ArdelyxAssist is here to help. Please contact us at **1-877-527-3927, Option 3**

IMPORTANT SAFETY INFORMATION (CONT'D)

Do not use XPHOZAH in:

- Children who are less than 6 years of age
- Patients who have a suspected bowel blockage

Before taking XPHOZAH, tell your healthcare provider about all of your medical conditions, including if you:

- are pregnant or plan to become pregnant
- are breastfeeding or plan to breastfeed

Do not use XPHOZAH with stool softeners or laxatives. **Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

XPHOZAH can cause serious side effects, including:

Diarrhea is the most common side effect of XPHOZAH, and it can sometimes be severe. Call your doctor if you develop severe diarrhea.

These are not all the possible side effects of XPHOZAH. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to www.fda.gov/medwatch.

For additional safety information, please see full Prescribing Information at XPHOZAH.com/PI.



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XPHOZAH[®]
(tenapanor) tablets